



NMC Health plc

Exercise of options

London, 4th February 2019: NMC Health plc (LSE: NMC), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 17 countries, announces that on 1st February 2019, Prasanth Manghat (Chief Executive Officer and Executive Director), exercised various nil-cost share options over 158,964 shares, granted to him in 2014, 2015 & 2017 under the Company’s Long Term Investment Plans (“LTIP”) and Deferred Share Bonus Plans (“DSBP”).

Following this transaction, Mr Manghat has an interest over a total of 179,272 shares, representing approximately 0.1% of the issued share capital of the Company.

The Notification of Dealing Form for Mr Manghat can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Prasanth Manghat
2	Reason for the notification	
a)	Position/status	Chief Executive Officer and Executive Director
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Options over ordinary Shares

	Identification code	ISIN: GB00B7FC0762	
b)	Nature of the transaction	Exercise of Nil-cost options	
c)	Price(s) and volume(s)	Share plan	Total Shares for allotment
		DSBP	12,617
		LTIP	41,425
		DSBP	13,933
		LTIP	50,842
		LTIP	23,325
		DSBP	16,822
d)	Aggregated information	Price	No. of shares
		0p	158,964
e)	Date of the transaction	1 February 2019	
f)	Place of the transaction	Not on a trading venue	

Contacts

Investors

NMC

Simon Watkins, Group Company Secretary

+44 (0)20 3205 7313

Media:

FTI Consulting, London

Brett Pollard

+44 (0)20 3727 1000

FTI Consulting, Gulf

Shane Dolan

+971 (0)4 437 2100