



**NMC Health plc**

**Exercise of options**

**London, 17 January 2019:** NMC Health plc (LSE: NMC), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 17 countries, announces that on 20 December 2018 Dr B R Shetty (Non-Executive Joint Chairman), exercised nil-cost share options over 26,657 shares, granted to him in 2015 under the Company’s Long Term Investment Plan (“LTIP”).

The Notification of Dealing Form for Dr Shetty can be found below.

This notification is made in accordance with the Market Abuse Regulation.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Dr B R Shetty
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Non-Executive Joint Chairman
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument	Options over ordinary Shares
	Identification code	ISIN: GB00B7FC0762

b)	Nature of the transaction	Exercise of Nil-cost options		
c)	Price(s) and volume(s)	Price	No. of shares	
		0p	26,657	
d)	Aggregated information	N/A		
e)	Date of the transaction	20 December 2018		
f)	Place of the transaction	London Stock Exchange		

## Contacts

### Investors

#### NMC

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