



## NMC Health plc

### Exercise of options

**London, 29<sup>th</sup> May 2019:** NMC Health plc (LSE: NMC), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, announces that on 29<sup>th</sup> May 2019, Dr C R Shetty (Group Medical Director), exercised nil-cost share options over 11,052 shares, granted to her in 2017 under the Company's Deferred Share Bonus Plan ("DSBP").

Following this transaction, Dr Shetty has an interest over a total of 40,141,348 shares, including shares currently held by her spouse, Dr B R Shetty, representing approximately 19.2% of the issued share capital of the Company.

The Notification of Dealing Form for Dr Shetty can be found below.

This notification is made in accordance with the Market Abuse Regulation.

#### Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Dr C R Shetty
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Group Medical Director
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument Identification code	Options over ordinary Shares  ISIN: GB00B7FC0762

b)	Nature of the transaction	Exercise of Nil-cost options		
c)	Price(s) and volume(s)	Share plan	Total Shares for allotment	
		DSBP	11,052	
d)	Aggregated information	N/A		
e)	Date of the transaction	29 May 2019		
f)	Place of the transaction	Not on a trading venue		

## Contacts

### Investors

#### NMC

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