



NMC Health plc

Exercise of share awards

London, 11 June 2019: NMC Health plc (LSE: NMC), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, announces that on 10 June 2019, Simon Watkins (Group Company Secretary), exercised nil-cost share options under the Company's Long Term Incentive Plan and Deferred Share Bonus Plan over a total of 55,869 shares. In accordance with normal practice in the UK, 26,325 of these shares were sold solely to pay the income tax liability arising on the exercise of the share awards with all the remaining 29,544 net shares being retained.

As a result of these transactions, Mr Watkins' has increased his interest in the shares of the Company from 7,395 shares to 36,939 shares, representing approximately 0.02 % of the Company's total voting rights.

The Notification of Dealing Form for Mr Watkins can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Simon Watkins
2	Reason for the notification	
a)	Position/status	Group Company Secretary
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Options over ordinary Shares ISIN: GB00B7FC0762

b)	Nature of the transaction	Exercise of Nil-cost options & sale of shares	
c)	Price(s) and volume(s)	Share plans	Total Shares for allotment
	Share Exercise	DSBP & LTIP	55,869
	Share Sale	Price	No. of shares
		£22.6062	26,325
d)	Aggregated information	N/A for Exercise of options	
	Volume	26,325	
	Price	£22.6062	
	Total	£595,108.21	
e)	Date of the transaction	10 June 2019	
f)	Place of the transaction	London Stock Exchange	

Contacts

Investors

NMC

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