



**NMC Health plc**

**Exercise of share options**

**London, 2 April 2019:** NMC Health plc (“**NMC**”, the “**Company**” or the “**Group**”), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, announces that on 1<sup>st</sup> April 2019 Dr C R Shetty exercised nil-cost share options granted to her in 2016 under both the Company’s Long Term Incentive Plan (“LTIP”) and Deferred Share Bonus Plan (“DSBP”) and 50% of those granted to her in 2018 under the Company’s Deferred Share Bonus Plan.

Following the exercise of these options, the Company issued new Ordinary shares of 10p each respectively to Dr Shetty as follows:

Name of individual	Director/PDMR	Incentive Plan	Number of shares allotted
Dr C R Shetty	PDMR	LTIP	56,575
Dr C R Shetty	PDMR	DSBP	11,174
Dr C R Shetty	PDMR	DSBP	4,979
<b>Total</b>			<b>72,728</b>

This notification is made in accordance with the Market Abuse Regulation.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Dr C. R. Shetty
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	PDMR of the Company
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	NMC Health plc

b)	LEI	2138008YQEVWBE1V2M52		
4	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>			
a)	Description of the financial instrument, type of instrument  Identification code	Options over Ordinary Shares  ISIN: GB00B7FC0762		
b)	Nature of the transaction	Exercise of nil-cost options		
c)	Price(s) and volume(s)	Price	No. of shares for above individuals respectively	
		0p	56,575	
		0p	11,174	
		0p	4,979	
d)	Aggregated information  - volume  - Price  - Total	N/A		
e)	Date of the transaction	1 <sup>st</sup> April 2019		
f)	Place of the transaction	Not on a trading venue		

## **Contacts**

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### Media

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