

**NMC Health plc**

**Grant of options**

**London, 15 March 2019:** NMC Health plc (“**NMC**”, the “**Company**” or the “**Group**”), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, announces that on 15 March 2019 it granted awards over a total of 237,538 Ordinary shares under its Long-Term Incentive Plan.

These awards, by way of nil-cost options, were made to Directors and PDMRs of the Company as follows:

<b>Name of individual</b>	<b>Director / PDMR</b>	<b>Number of shares subject to award</b>
Prasanth Manghat	Director	73,425
Khalifa Bin Butti	Director	43,846
Hani Buttikhi	Director	32,369
Prasanth Shenoy	PDMR	26,003
Michael Davis	PDMR	19,502
Dr. Chandrakumari Shetty	PDMR	26,913
Simon Watkins	PDMR	15,480

The vesting of all the awards granted under the LTIP referred to above are subject to the achievement of performance targets relating to the Company's EBITDA growth and total shareholder return (relative to a comparator group) over a three-year performance period.

In addition, the vesting of all the awards granted will be subject to performance against an additional underpin capturing the conversion of EBITDA to net income to provide shareholders with an aggregate view on earnings, cash flow, and capital efficiency. Failure to meet the underpin will reduce the proportion of these LTIP awards vesting by 50%. The awards are also granted subject to an additional holding period of two years applying after any vesting of the awards during which award holders cannot exercise vested awards.

This notification is made in accordance with the Market Abuse Regulation.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Mr Prasanth Manghat Mr Khalifa Bin Butti Mr Hani Buttikhi Mr Prashanth Shenoy Mr Michael Davis Dr Chandrakumari Shetty Mr Simon Watkins
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Directors and PDMRs of the Company
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument	Options over Ordinary Shares
	Identification code	ISIN: GB00B7FC0762

b)	Nature of the transaction	Grant of nil-cost options	
c)	Price(s) and volume(s)	Price	No. of shares
		0p	73,425
		0p	43,846
		0p	32,369
		0p	26,003
		0p	19,502
		0p	26,913
		0p	15,480
d)	Aggregated information - volume - Price - Total	N/A	
e)	Date of the transaction	15 March 20019	
f)	Place of the transaction	Not on a trading venue	

## Contacts

### NMC

Simon Watkins, Group Company Secretary +44 (0)20 3205 7313

### Media

FTI Consulting, London

Brett Pollard +44 (0)20 3727 1100

FTI Consulting, Gulf

Shane Dolan +971 (0)4 437 2100