



NMC Health plc

Grant of options

London, 15 March 2019: NMC Health plc (“**NMC**”, the “**Company**” or the “**Group**”), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, announces that on 15 March 2019 it granted awards over a total of 119,674 Ordinary shares under its Deferred Share Bonus Plan.

These awards, by way of nil-cost options, were made to Directors and PDMRs of the Company as follows:

Name of individual	Director / PDMR	Number of Shares subject to award
Prasanth Manghat	Director	39,160
Khalifa Bin Butti	Director	22,735
Hani Buttikhi	Director	18,496
Prasanth Shenoy	PDMR	14,859
Michael Davis	PDMR	11,608
Dr. Chandrakumari Shetty	PDMR	12,816

Under the terms of the Company's Short-Term Incentive Plan, two-thirds of any earned bonus is to be provided in the form of a share award which provides that such shares are only released to participants after a deferral period of one-year in relation to 50% of the share award and two-years in relation to the remaining 50% of the award.

The DSBP is the plan which the Company is operating to deliver such deferred shares to scheme participants. The above award is in relation to the bonus earned pursuant to the 2018 Short Term Incentive Plan.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Mr Prasanth Manghat Mr Khalifa Bin Butti Mr Hani Buttikhi Mr Prashanth Shenoy Mr Michael Davis Dr Chandrakumari Shetty
2	Reason for the notification	
a)	Position/status	Directors and PDMRs of the Company
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Options over Ordinary Shares
	Identification code	ISIN: GB00B7FC0762

b)	Nature of the transaction	Grant of nil-cost options	
c)	Price(s) and volume(s)	Price	No. of shares
		0p	39,160
		0p	22,735
		0p	18,496
		0p	14,859
		0p	11,608
		0p	12,816
d)	Aggregated information - volume - Price - Total	N/A	
e)	Date of the transaction	15 March 2019	
f)	Place of the transaction	Not on a trading venue	

Contacts

NMC

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