



**NMC Health plc**

**PDMR notification**

**London, 8 May 2019** : NMC Health plc (LSE: NMC), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, announces that it received notification on 1<sup>st</sup> May 2019 from Mark Tompkins, Non-Executive Joint Chairman of the Company, that on 30 April 2019 he sold a total of 642 ordinary shares of 10p each in the Company (“Shares”) at an average price of 2846.2424 pence per share. NMC further received notification from Mark Tompkins on 8<sup>th</sup> May 2019, that on the 30<sup>th</sup> April 2019 he subsequently bought, through his ISA, 642 ordinary shares of 10p each in the Company (“Shares”) at an average price of 2849.2324 pence per share. There is no net change in his share interests.

Following this transaction, Mr Tompkins’s share interest remains at a total of 51,233 shares representing approximately 0.01% of the issued share capital of the Company.

The Notification of Dealing Form for Mr Tompkins can be found below.

This notification is made in accordance with the Market Abuse Regulation.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Mark Tompkins
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Non-Executive Joint Chairman
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	NMC Health plc
b)	LEI	2138008YQEVWBE1V2M52
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of	Ordinary Shares

	instrument															
	Identification code	ISIN: GB00B7FC0762														
b)	Nature of the transaction	Sale of shares and purchase of shares made through ISA														
c)	SALE Price(s) and volume(s)	Price	No. of shares													
		2846.2424 pence	642													
	PURCHASE Price(s) and volume(s)	Price	No. of shares													
		2849.2324 pence	642													
d)	Aggregated information	<table border="1"> <thead> <tr> <th></th> <th>SHARE SALE</th> <th>SHARE PURCHASE</th> </tr> </thead> <tbody> <tr> <td>- volume</td> <td>642</td> <td>642</td> </tr> <tr> <td>- Price</td> <td>2846.2424 pence</td> <td>2849.2324 pence</td> </tr> <tr> <td>- Total</td> <td>£18,272.88</td> <td>£18,292.07</td> </tr> </tbody> </table>				SHARE SALE	SHARE PURCHASE	- volume	642	642	- Price	2846.2424 pence	2849.2324 pence	- Total	£18,272.88	£18,292.07
	SHARE SALE	SHARE PURCHASE														
- volume	642	642														
- Price	2846.2424 pence	2849.2324 pence														
- Total	£18,272.88	£18,292.07														
e)	Date of the transaction	30 April 2019														
f)	Place of the transaction	London Stock Exchange														

## Contacts

### Investors

#### NMC

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