



NMC Health plc

PDMR Notification

London, 16 January 2020: NMC Health plc (LSE:NMC) ('NMC'), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, has received notification from Lord Clanwilliam, an Independent NED of the Company, that on 13th January he purchased 3640 ordinary shares of 10p each in the Company ("Shares") at a price of 1378.48132 pence per share.

Following this transaction, Lord Clanwilliam has an interest over a total of 14,900 shares, representing approximately 0.007% of the issued share capital of the Company.

The Notification of Dealing Form Lord Clanwilliam can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

| | | | |
|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|---------------|
| 1 | Details of the person discharging managerial responsibilities / person closely associated | | |
| a) | Name | Lord Clanwilliam | |
| b) | Position/status | Independent Non-Executive Director | |
| c) | Initial notification /Amendment | Initial notification | |
| 2 | Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted | | |
| a) | Description of the financial instrument, type of instrument | Ordinary Shares | |
| b) | Nature of the transaction | Share Purchase | |
| c) | Price(s) and volume(s) | Price | No. of shares |
| | | £13.7848132 | 3640 |

| | | |
|----|--------------------------|-------------------------------|
| d) | Aggregated information | |
| | - volume | 3640 |
| | - Price | £13.7848132 |
| | - Total | £50,176.72 |
| e) | Date of the transaction | 13 th January 2020 |
| f) | Place of the transaction | London Stock Exchange |

Contacts

Investors

NMC

Simon Watkins, Group Company Secretary +44 (0)20 3205 7313

Media:

FTI Consulting, London

Edward Bridges +44 (0)20 3727 1000

FTI Consulting, Gulf

Shane Dolan +971 (0)4 437 2100