

NMC Health plc

PDMR Notification

London, 11th November 2019: NMC Health plc (LSE:NMC) ('NMC'), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, received notification from Jonathan Bomford, the Senior Independent Director of the Company, that on 11th November he sold 1,000 ordinary shares of 10p each in the Company ("Shares") at a price of 2271.146 pence per share, and subsequently purchased through his SIPP 1,000 ordinary shares of 10p each in the Company ("Shares") at a price of 2257.950 pence per share.

Following this transaction, Jonathan Bomford's share interest, including the shares held by his spouse, remains at 20,000 Shares, representing approximately 0.01% of the issued share capital of the Company.

The Notification of Dealing Form for Jonathan Bomford can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated				
a)	Name	Jonathan Bomford			
b)	Position/status	Senior Independent Non-Executive Director			
c)	Initial notification /Amendment	Initial notification			
2	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument	Ordinary Shares			
b)	Nature of the transaction	Share sale and re-purchase through SIPP			

c)	SALE Price(s) and volume(s)	Price	No. of shares	
		2271.146 pence	1000	
	PURCHASE Price(s) and volume(s)	Price	No. of shares	
		2257.950 pence	1000	
d)	Aggregated information			
	volumePriceTotal	SALE	PURCHASE	
		1000	1000	
		2271.146 pence	2257.950 pence	
		£ 22,711.46	£ 22,579.50	
e)	Date of the transaction	11 November 2019		
f)	Place of the transaction	London Stock Exchange		

Contacts

Investors

<u>NMC</u>

Simon Watkins, Group Company Secretary +44 (0)20 3205 7313

Media:

FTI Consulting, London

Brett Pollard +44 (0)20 3727 1000

FTI Consulting, Gulf

Shane Dolan +971 (0)4 437 2100