



NMC Health plc

PDMR Notification

London, 2nd December 2019: NMC Health plc (LSE:NMC) ('NMC'), the leading private healthcare operator in the Gulf Cooperation Council (GCC) with international services across 19 countries, today received notification from Mark Tompkins, Joint Chairman of the Company, that on 28th November he gifted to his spouse, Sarah Tompkins 7292 ordinary shares of 10p each in the Company ("Shares") which were then transferred from Sarah Tompkins to Turut Holding Ltd, a company 100% owned by the Tiger Trust, a family trust.

Following this transaction, Mr Tompkins's share interest remains unchanged at a total of 51,233 shares representing approximately 0.01% of the issued share capital of the Company.

The Notification of Dealing Form for Mark Tompkins and Sarah Tompkins can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them.

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Mark Tompkins & Sarah Tompkins
b)	Position/status	Joint Chairman & Joint Chairman Spouse
c)	Initial notification /Amendment	Initial notification
2	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Ordinary Shares
b)	Nature of the transaction	Share transfer to spouse (Sarah Tompkins) followed by a share transfer from Sarah Tompkins to Turut Holding LTD which is a company 100 per cent owned by the Tiger Trust, a family trust.

c)	Transfer Price(s) and volume(s) Mark Tompkins to Sarah Tompkins	Price	No. of shares
		£0.00	7292
	Transfer Price(s) and volume(s) Sarah Tompkins to Turut Trust	Price	No. of shares
		£0.00	7292
d)	Aggregated information		
	- volume	7292 & 7292	
	- Price	£0.00	
	- Total	£0.00	
e)	Date of the transaction	28 th November 2019	
f)	Place of the transaction	Not on a Trading Venue	

Contacts

Investors

NMC

Simon Watkins, Group Company Secretary

+44 (0)20 3205 7313

Media:

FTI Consulting, London

Brett Pollard

+44 (0)20 3727 1000

FTI Consulting, Gulf

Shane Dolan

+971 (0)4 437 2100